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www.CommunityActionSkagit.org

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Clinics & Treatment Programs

CCS Recovery Center


 (360) 757-0131

 www.ccsww.org

 614 Peterson Rd, Burlington


Outpatient treatment services, counseling, suboxone, vivitrol, methadone therapies; childcare onsite

Consejo Counseling

 (360) 763-5595


 www.consejocounseling.com

 1601 E College Way, Mount Vernon

 M-F: 8am-5pm

Mental health outpatient services, substance use disorder outpatient services, children, youth, and family services

Didg^wálíč Wellness Center


 (360) 588-2800

 www.swinomishwellnesscenter.com

 8212 S March Point Rd, Anacortes

Outpatient treatment services, counseling, suboxone, vivitrol, methadone therapies; childcare onsite

Swinomish Wellness Program


 (360) 466-1024

 17337 Reservation Rd, La Conner

 M-F: 8am-4pm

Assessments, group and individual sessions, Medication Assisted Treatment, help with problem gambling

Lifeline Connections


 (360) 397-8246

 www.lifelineconnections.org

 1413 E College Way, Mount Vernon


Treatment for substance use disorders; outpatient mental health & youth

Northwest Regional Council

 (360) 676-6749


 www.nwrcwa.org

 301 Valley Mall Way, Mount Vernon


 M-F: 8:30am-4:30pm


Recovery care coordination and navigation services

Sea Mar Behavioral Health Clinic

 (360) 542-8920


 www.seamar.org


 2203 Old Highway 99 S Rd, Mount Vernon

 M-F: 8am-5pm

Drug and alcohol evaluations (English & Spanish), DUI assessments, intensive outpatient treatment, family counseling, and living skills group

Skagit County Crisis Center (Pioneer Human Services)

 (360) 757-7738

 www.pioneerhumanservices.org

 201 Lila Lane, Burlington

16-bed crisis mental health stabilization and sub-acute detox program

Sunrise Behavioral Health Services

 (425) 595-5201

 www.sunriseservicesinc.com

 2500 E College Way, Mount Vernon

Outpatient substance use disorder assessment and treatment


Other Drug and Alcohol Addiction Help

Skagit Rising

 988

 www.skagitrising.org


New Earth Recovery

 (360) 848-9281

 www.nerecovery.org

Recovery homes for men and women. Faith-based. 9-12 months stay, sliding scale, \$150-400 per month

Washington Recovery Line


 1(866) 789-1511

 www.crisisconnections.org

 24/7, Texting: 9am-9pm

Help for substance abuse, problem gambling, & mental health

Parent Child Assistance Program (PCAP)

 (360) 428-6622

Intervention and counseling program for pregnant and parenting women with substance abuse

Recovery Support Groups


Alcoholics Anonymous

☎ (360) 734-1688

 www.district4aa-wa.org

Cocaine Anonymous

☎ (425) 244-1150

 www.caofwa.org

Narcotics Anonymous

☎ (360) 647-3234

 www.nwscna.org

Recovery Café

☎ (360) 899-4466

 www.rcskagit.org

Recover at the Well

☎ (360) 336-8988

📍 123 Evergreen St, Mount Vernon

🕒 Fridays: Dinner 6pm, Meeting 7pm

Upper Skagit Chemical Dependency Program

☎ (360) 854-7070

 www.upperskagittribe-nsn.gov/departments/health-services

📍 25959 Community Plaza Way, Sedro-Woolley

🕒 Fridays: Dinner 6pm, Meeting 7pm

Substance abuse counseling



Basic Needs



(food, showers, clothing, household items, toiletries)

Anacortes Family Center

(360) 293-2993

www.anacortesfamily.org

2702 Commercial Ave, Anacortes

Showers, diapers, hygiene items, some clothing

Department of Social & Health Services (DSHS)

1(877) 501-2233

www.dshs.wa.gov

900 E College Way #100, Mount Vernon

Cash assistance, food stamps, child support. Visit www.washingtonconnection.org to apply for a variety of public benefit programs

Skagit County Crisis Center (Pioneer Human Services)

(360) 336-8988

123 Evergreen St, Mount Vernon

Mondays: 12-3pm and by appointment

Free clothing for all ages. Enter at NW corner of building

First Baptist Church of Anacortes Clothes Closet

(360) 293-5300

2717 J Ave, Anacortes

1st & 3rd Thursday of the month, 4-6:30pm

Free clothing. Free meal served in conjunction

Friendship House (Clothing Bank, Showers)

(360) 336-6138

Clothing Closet & Women's House:

922 S 3rd St, Mount Vernon

Showers (women & children): Tues, Thurs, Sun 9:45-11am

Clothing closet: Tues, Thurs 10am-3pm


Laundry Facility & Men's House:

1008 S 3rd St, Mount Vernon

Showers (men): Tues, Thurs, Sun 9:45-11am

Laundry: Tues, Weds, Thurs 1-3pm


Love I.N.C

 (360) 419-7061

 Office hours: 9am-3pm

Furniture ministry, clearing house ministry - referral to church ministries based on need, Let's Dress For Your Success - women's work clothes

Community Action of Skagit County (360) 416-7585


 M-F: 8:30am-4pm


Emergency help with food, clothes, hygiene, and transportation

St. Vincent De Paul Assistance Line (360) 293-9821

Referral line for help with food, gas, clothes, utilities, and other basic needs

Salvation Army (360) 293-6682

 www.anacortes.salvationarmy.org

 3001 R Ave #100, Anacortes

Help with basic needs such as food. Anacortes/La Conner residents only

Sea Mar Healthcare for Homeless (360) 542-8899

 1010 E College Way, Mount Vernon

 M-F: 8am-5pm

Food vouchers, bus and shower passes, referrals to other Sea Mar services and community agencies

Barrier Breakers (360) 391-5501

 www.bbfbarrierbreakerfoundation.org


Emergency help with food, hygiene, toiletries, bus passes, and phone service



Children, Youth & Parenting



Skagit Preschool and Resource Center (SPARC)


 (360) 416-7570

 www.sparckids.org

 320 Pacific Place, Mount Vernon

Education, therapy, and behavioral programs for special needs children

Thriving Heart (Skagit Valley Pregnancy Care Center)

 (360) 428-4777

 www.skagitpregnancycare.org/support-services

 110 N 15th St, Mount Vernon

Parenting and lifeskills classes for the next generation of mothers and support groups in English and Spanish

Skagit County Parent to Parent Program

 (360) 416-7570

 www.p2pskagit.org


 110 N 15th St, Mount Vernon

Parenting and lifeskills classes for the next generation of mothers and support groups in English and Spanish

English: ext 2999

Spanish: ext 3999

Catholic Community Services NW


 (360) 594-6446

 www.ccsww.org

 614 Peterson Road #200, Burlington

Mental health counseling for children and youth, pregnancy support, and wrap-around services

Brigid Collins Family Support Center


 (360) 428-6622

 www.brigidcollins.org


 917 S 3rd St, Mount Vernon

Services aimed at preventing/ending child abuse. Programs include Parenting Academy, Parent-Child Interaction Therapy, Foster Child Program, Kinship Caregiver Support Program

Cascades Job Corps College & Career Academy (ages 16-24)


 (360) 854-2111

 www.cascades.jobcorps.gov

 2060 Powerhouse Dr, Sedro-Woolley

No-cost education and career technical training program

Anacortes ECEAP Preschool

 (360) 679-5290

 www.skagit.edu/eceap

 2210 H Ave, Anacortes


A comprehensive family-focused preschool designed for children ages 3-5

WA State Department of Children, Youth & Families

 www.dcyf.wa.gov/services

Explore services for childcare and child development, child welfare, foster and adoption

Department of Social & Health Services (DSHS)


 1(877) 501-2233

 www.dshs.wa.gov

 900 E College Way #100, Mount Vernon

Child Care Subsidy, Child Support Services, Child Protective Services, Temporary Assistance for Needy Families (TANF). Visit www.washingtonconnection.org to apply for a variety of public benefit programs

Inspire Development Centers


 (360) 428-3993


 www.inspirecenters.org


 2405 Kulshan View Drive, Mount Vernon


Early Childhood Education and Assistance Program (ECEAP), Migrant Seasonal Head Start (MSHS)

Skagit/Island Head Start

 (360) 416-2580


 www.sihs.skagit.edu

 (844) 218-7271

 Multiple locations in Burlington, Mount Vernon, and Sedro-Woolley

Preschool and early childhood programs from birth - age 5

Northwest Youth Services

 (360) 336-1988



www.nwys.org




427 N 4th St, Mount Vernon



M-W: 9am-4pm

Drop-in center with basic needs supplies, connection to services, and housing support for homeless youth

Oasis Teen Shelter

 (360) 419-9058



www.nwys.org




125 N 5th St, Mount Vernon




Daily 3pm-8am

Shelter for teens age 13-17. Low barrier, first come first serve. Access to meals, showers, laundry, clothes, and case management for finding permanent housing

Text Hotline:(360)

 230-0587

Childcare Resource & Referral

 1(800) 446-1114



www.childcareaware.org

Child Care Aware of WA - Referrals to providers of childcare and resources to help pay for services



Disabilities Resources



Chinook Enterprises

(360) 428-0140

www.chinookenterprises.org

2026 N LaVenture Rd, Mount Vernon

M-F: 7:30am-4pm

Provides hiring assistance, employee screening, training, assessment and follow-up services primarily for people with disabilities

Center for Independence (CFI) North Sound

(360) 393-3890

www.cfi-wa.org

Peer mentoring, support groups, advocacy, independent life skills & more

WA State Dept. of Services for the Blind

1(800) 552-7103

www.dsb.wa.gov

Skills, training and support for people of all ages who are Blind, Deaf-Blind, or Low Vision for employment, education, or independent living

Department of Social & Health Services (DSHS)

1(877) 501-2233

www.dshs.wa.gov

900 E College Way #100, Mount Vernon

Office of the Deaf and Hard of Hearing

(425) 461-4603 (Videophone)

(800) 422-7930 (Voice/TTY)

www.dshs.wa.gov/altsa/odhh

(360) 725-3450 (Voice)

odhh@dshs.wa.gov


Vocational Rehabilitation

(360) 429-3097


M-F: 8am-5pm

Employment and training for persons with disabilities

Skagit County Parent to Parent Program

 www.p2pskagit.org

Support group, resources, seminars, and events for parents/caregivers of children with special needs

 (360) 416-7570


English: ext 2999

Spanish: ext 3999

Skagit Valley College - INVEST Program

 www.skagit.edu/invest


Individualized Next Step Vocational Education and Social Skills Training for post-secondary students with intellectual and developmental disabilities

 (360) 416-7958

Samish Vocational Rehabilitation Services

 www.samishtribe/nsn.us/departments/vocational-rehabilitation


Help for Samish citizens and other tribal members who have barriers to employment identify their strengths in order to gain, maintain, or advance employment

 (360) 393-3890

Paratransit (operated by Skagit Transit)

 www.skagittransit.org/paratransit

For individuals with disabilities that prevent them from using regular transit. Call to schedule. \$2 per trip (one way)


 (360) 757-4433

Washington Vocational Services

 www.wvs.org

 503 E Fairhaven Ave, Burlington

Employment services, job development and support

 (360) 419-0910

Accessible transportation options are in the Transportation chapter on Page XX



Domestic Violence



Skagit Domestic Violence and Sexual Assault Services

☎ 1(888) 336-9591
24hr hotline

🌐 www.skagitdvsas.org

📍 1521B Leigh Way, Mount Vernon

Counseling, crisis intervention, legal advocacy, emergency room assistance, and support groups

Department of Social & Health Services (DSHS)

☎ 1(877) 501-2233

🌐 www.dshs.wa.gov or www.washingtonconnection.org

📍 900 E College Way #100, Mount Vernon

Adult Protective Services..... ☎ 1(800) 487-0416

Aging & Adult Services Complaint Line..... ☎ 1(800) 562-6078

Child Protective Services..... ☎ (360) 735-7038

Children & Family Services Division..... ☎ 1(800) 785-5582

Victim Support Service ☎ (425) 252-6081

Support and advocacy for victims of crime and families of missing persons

Domestic Violence Hot Lines

Domestic Violence Hotline (WA)

☎ 1(800) 562-6025

National Sexual Assault Hotline

☎ 1(800) 656-4673

Skagit DVSAS

☎ 1(800) 336-9591

WA State Crime Victim Advocacy

☎ 1(800) 822-1067




Adult Education & Literacy



Community Action of Skagit County (360) 416-7585

 www.communityactionskagit.org

 330 Pacific Place, Mount Vernon

Adult Basic Education, English as a Second Language (ESL), High School Equivalency classes (formerly GED)

Goodwill Industries (360) 848-6468

 www.evergreengoodwill.org

 503 E Fairhaven Ave, Burlington

Adult Basic Education, English as a Second Language, Computer Classes, Citizenship Prep, Case Management

Plazas Comunitarias (360) 428-6116

 1200 LaVenture Rd, Mount Vernon (LaVenture MS)

Adult Education courses in Spanish

Skagit Valley College (360) 416-7600 (English)

 www.skagit.edu  (360) 416-7740 (Spanish)

 2405 E College Way, Mount Vernon

Adult Basic Education, GED & ESL.....  (360) 416-7640

Career Services Center.....  (360) 416-7654

IBEST & BFET.....  (360) 416-7723

Life Transitions Program.....  (360) 416-7044

Career exploration and job search for those who have become sole supporters of family due to divorce, disability, or seperation



Employment & Job Training



Basic Food Employment & Training (BFET)

☎ (360) 416-7723

Assists food stamp recipients with obtaining basic education, skills training, support services, and job searching to find employment

Goodwill Job Training & Education Center

☎ (360) 848-6468

Skagit Valley College

☎ (360) 416-7623

Job Skills & Training Program

☎ (360) 588-5724

Community Action of Skagit County
📍 330 Pacific Place, Mount Vernon

Cascades Job Corps College & Career Academy (ages 16-24)

☎ (360) 854-2111

🌐 www.cascades.jobcorps.gov

📍 2060 Powerhouse Dr, Sedro-Woolley

No-cost education and career technical training program

Chinook Enterprises

☎ (360) 428-0140

🌐 www.chinookenterprises.org

📍 2026 N LaVenture Rd, Mount Vernon

🕒 M-F: 7:30am-4pm

Provides hiring assistance, employee screening, training, assessment and follow-up services primarily for people with disabilities

Division of Vocational Rehabilitation

☎ (360) 429-3097

🌐 www.dshs.wa.gov/dvr


📍 900 E College Way #120, Mount Vernon

Helps individuals with disabilities become employed

Go Skagit (Online Job Listings)


🌐 www.goskagit.com

Opportunities Industrialization Center (OIC) of Washington

 (509) 299-7820


 www.oicofwa.org/locations/mt-vernon

 2005 E College Way, Mount Vernon

 M-F: 8am-5pm

Services for low-income agricultural workers including job referral/placement, career planning, educational assessments, vocational training and work experience

Washington Vocational Services

 (360) 419-0910

 www.wvs.org

 503 E Fairhaven Ave, Burlington


Employment services, job development and support

Temporary & Day Labor Agencies


Express Employment Professionals (360) 336-1980


 www.expresspros.com/us-washington-mount-vernon


 1806 Riverside Dr Suite D, Mount Vernon

 M-F: 7am-5pm

Human Resources Inc

 (360) 424-7134

 2124 Riverside Dr #107, Mount Vernon

 M-F: 12-5pm




Food & Nutrition




Alger

Alger Food Bank


 (360) 724-5131

 18731 Parkview Lane, Alger


 Tuesdays: 10am-2pm

Anacortes

Helping Hands Anacortes

 (360) 856-2211

 1211 M Ave, Anacortes

 Tuesdays: 11am-2pm

Salvation Army Food Bank


 (360) 293-6682


 3001 R Dr #100, Anacortes

 M-W: 9am-12pm & 1-4pm, Thurs: 10am-12pm & 1-6pm

Commodities available on 1st Wednesday of each month

St. Vincent DePaul Food Bank


 (360) 293-9821

 4001 St. Mary's Dr, Anacortes

 Fridays: 10-11am

Bring photo ID


The Kitchen Table

 (360) 293-9821

 2717 J Ave, Anacortes (Anacortes First Baptist Church)

 Thursdays: 5-6pm

Dinner at the Brick


 (360) 293-9821

 1300 9th St, Anacortes (Westminster Presbyterian Church)


 Sundays: 4:30-5pm

Burlington


Helping Hands Food Bank


 (360) 856-2211


 1551 Rio Vista Ave, Burlington (Inspire Church)

 Fridays: 3-5:30pm

Tri-Parish Food Bank


 (360) 757-2563

 935 Peterson Rd, Burlington (St. Charles Catholic Church)


 Saturdays: 10am-2pm

Clear Lake

Community Covenant Food Bank


 (360) 856-2211


 12605 Hwy 9, Clear Lake

 Mondays: 9:30-12:30pm

Concrete


Concrete Food Bank


 (360) 853-8505


 45942 Main St, Concrete

 2nd, 3rd and 4th Tuesday of each month: 12-3pm

Concrete Community Center

 (360) 416-1733


 45705 Main St, Concrete (Mount Baker Presbyterian)

 M-F: 11:45am-12:45pm

Remodeling building, but sack lunches are available

Hamilton

Helping Hands Hamilton


 (360) 856-2211

 952 Petit St, Hamilton

 Tuesdays: 12-3pm

Concrete


Helping Hands Swinomish

 (360) 856-2211


 17444 Sneeh Oosh Rd, La Conner (Inspire Church)

 Thursdays: 2-5pm

La Conner Sunrise Food Bank


 (360) 488-3878


 602 S 3rd St, La Conner


 Mondays: 2:30-5pm

Marblemount

Helping Hands Marblemount


 (360) 856-2211


 59850 Hwy 20, Marblemount (Inspire Church N Cascade)


 Wednesdays: 11am-2pm


Mount Vernon

Neighbors in Need Food Bank


 (360) 982-2089


 www.neighborsinneed.com

 1615 S 2nd St, Mount Vernon


 Tuesdays: 11am-5pm

Friendship House Café

 (360) 982-2089

 108 Snoqualmie St, Mount Vernon

 Dinner: Daily 5:30-6:30pm

 Sack Lunch: 11:30am-12pm, *next to Mr. T's restaurant*


Sedro-Woolley

Helping Hands Sedro-Woolley

 (360) 856-2211


 www.helpinghandsskagit.org

 9386 Fruitdale Rd, Sedro-Woolley

 M: 11am-3pm, W: 10am-2pm, Th: 12-4pm, F: 2-6pm

Other Food Resources

Basic Food Education & Assistance

 (360) 416-7585

 www.communityactionsskagit.org/food


 330 Pacific Place, Mount Vernon

Assistance with education, information, applications & eligibility reviews for Basic Food or SNAP

Tribal Elders Lunches

See listings under Native American Resources on page ##

Meals on Wheels & Senior Lunch


 (360) 416-1500

Home-delivered meals for seniors (60+)

Senior Centers

See listings under Seniors on page ##

Skagit Gleaners

 (360) 848-1045

 www.skagitgleaners.org

 1021 Riverside Dr, Mount Vernon

Reclaims food products for distribution. Membership fee. Free to those in need Saturdays 3:30-6:30pm

Washington Basic Food (SNAP)

☎ 1(877) 501-2233



www.washingtonconnection.org



900 E College Way, Mount Vernon

Department of Social and Health Services: *Supplemental Nutrition Assistance Program or Food Stamps. Benefits for low-income people to buy food at the grocery store*

Women, Infants & Children (WIC)

Provides checks for nutritious foods for women who are pregnant, breastfeeding or have children up to age 5

Anacortes WIC.....

☎ (360) 770-4049



2601 M Ave, Anacortes

Concrete WIC Clinic.....

☎ (360) 854-0435



25770 Main St, Concrete

Community Action of Skagit County.....

☎ (360) 416-7595



330 Pacific Place, Mount Vernon

Swinomish Health Clinic WIC.....

☎ (360) 466-3167



330 Pacific Place, Mount Vernon

Serves Native American tribal members only

United General WIC.....

☎ (360) 854-0435



2031 Hospital Dr, Sedro-Woolley



Health Resources



Lions Club

Burlington.....☎(360) 770-9096

Sedro-Woolley.....☎(360) 770-8197

Mount Vernon.....✉secretary@mtvlions.org

Provides glasses and hearing aids to those who cannot afford them. Form to request contact is on www.mtvlions.org

Planned Parenthood

☎(877) 714-1149

🌐 www.plannedparenthood.org/get-care

📍 1805 E Division St, Mount Vernon

🕒 Tues: 8:30am-6pm, M-F: 8am-6pm

Provides reproductive healthcare services for men and women. Also provides hormone therapy and other services specific to transgender persons

Safe Harbor Free Clinic

☎(360) 419-0910

🌐 www.safeharborfreeclinic.org

📍 7209 265th NW Suite 203/204, Stanwood

Free faith-based medical clinic. Chronic care, women's health, podiatry and walk-in service. Call for days/hours

Sea Mar CHC - Concrete

☎(360) 853-8183

🌐 www.seamar.org/skagit-medical-concrete

📍 7438 S D Ave, Concrete

🕒 M, W, Th, F: 8am-5pm, Tues: 9am-6pm

Family medicine, immunizations, urgent care. Sliding scale available

Sea Mar CHC - Mount Vernon

☎(360) 542-8900


🌐 www.seamar.org/skagit-medical-mountvernon

📍 1400 N LaVenture, Mount Vernon

🕒 M-Sat: 8am-5pm

Family medicine, OBGYN specialty care, immunizations, urgent care. Sliding scale available


Sea Mar - Skagit Women's Clinic

 (360) 588-5550




www.seamar.org/skagit-medical-skagit

 125 N 18th St, Suite A, Mount Vernon

 M-F: 8am-5pm


Unity Care NW

 (877) 235-6850



www.unitycarenw.org


 220 Unity St, Bellingham

 M-F; 7:45am-6pm, Sat: 7:45am-12:30pm & 1:30-5pm

Provides medical, dental, pharmacy and mental health services. Sliding-scale clinic for those w/out insurance.


Accepts Apple Health


Skagit County Public Health

 (360) 542-8900



www.skagitcounty.net/departments/health

 301 Valley Mall Way, Suite 110, Mount Vernon

 M-Sat: 8:30am-4:30pm

Family medicine, OBGYN specialty care, immunizations, urgent care. Sliding-scale available

Hospitals


Island Hospital

 (360) 299-1300



1121 24th St, Anacortes


Skagit Valley Hospital - main campus

 (360) 428-2500



1400 E Kincaid St, Mount Vernon

Unity General


 (360) 856-7318



2000 Hospital Dr, Sedro-Woolley

Health Insurance & Medical Coverage

Apple Health for Kids, Adults & Families (ages 0-64)

 1(800) 562-3022



www.wahealthplanfinder.org

Free Health insurance for individuals or families under 135% of the federal poverty level.

See In-Person Assister sites (below) for help applying or go to the Washington Health Plan Finder website to compare and enroll in Medicaid or Health Insurance Premium Tax Credits

In-Person Assister (IPA) or Enrollement Navigators

☎ (360) 416-7723

Assistance by phone with enrollment in Apple Health (Medicaid) and Health Insurance Premium Tax Credits through the Health Benefits Exchange

Island Hospital.....☎ (360) 299-1300

Planned Parenthood.....☎ (360) 299-1300 ext 3822

Sea Mar Community Health Centers.....☎ 1(855) 289-4503

Skagit Valley Hospital.....☎ (360) 814-7575

Department of Social & Health Services (DSHS)

☎ 1(877) 501-2233

🌐 www.dshs.wa.gov or www.washingtonconnection.org

📍 900 E College Way #100, Mount Vernon

SSI-related medical; Medicare savings programs; Aged, Blind and Disabled Medical Program; Medical spend down; Health Care for Workers with Disabilities (HCWD)

Lifelong

☎ (360) 932-3420

🌐 www.lifelong.org/insurance

📍 115 Unity St, Suite 302, Bellingham

🕒 M-Th: 8:30-5pm

Case management services for individuals living with HIV/AIDS as well as free testing. Services available in Skagit

SHIBA Statewide Health Insurance Benefits Advisors

☎ (360) 826-8828

Assistance navigating Medicare A & B and supplemental plans, explanation of benefits, and open-enrollment questions

Dental

Community Health Center - Arlington Clinic


☎ (425) 789-3789

🌐 www.chcsno.org/clinics/arlington

📍 326 S Stillaguamish Ave, Arlington


🕒 M-Sat: 7am-5:30pm

Swinomish Dental Clinic

 (360) 466-7301

 www.swinomish-nsn.gov/dental


 17395 Reservation Rd, La Conner

 M-W: 8am-6pm, Thurs: 8am-5:30pm

Swinomish Tribal Members and family only

Sea Mar CHC - Mount Vernon Dental (360) 542-8901

 www.seamar.org/skagit-dental-mountvernon

 1400 N LaVenture, Mount Vernon

 M-Sat: 8am-5pm (Saturdays children only)

Full service for children, adults with private health insurance or self pay

Hilde Family Dentistry (360) 707-5353

 www.hildefamilydentistry.com

 239 S Burlington Blvd, Burlington


 M-Th: 10am-7:30pm, F-Sun: 8am-4pm

Offers low-cost dental coverage through enrollment in their in-house dental coverage plan. Membership Fee

Other Health Resources

Pregnancy Choices, CARE Medical Center (360) 428-4777

 www.skagitpregnancycare.org

 110 N 15th St, Mount Vernon

 M-Th: 9am-5pm

Free pregnancy testing, options education (does not refer for abortions), limited ultrasound, and educational support services with material assistance

Women, Infants & Children (WIC)

Health information and screening, vouchers for WIC-approved foods. See WIC locations under Food Resources on page XX



Housing & Shelter



Affordable Housing Programs

Skagit Habitat for Humanity

(360) 428-9402

www.skagithabitat.com

1022 Riverside Dr, Mount Vernon

Builds safe, affordable, permanent houses with families in need

Home Trust of Skagit

(360) 428-0014

www.htskagit.org

241 S Burlington Blvd, Burlington

Helps low-income families secure affordable homes

Skagit-Whatcom Housing

(360) 398-0223

www.whatcomskagithousing.com

Assists families in building their own affordable homes

Disaster-Related Assistance

American Red Cross NW Region

(360) 428-9402

www.redcross.org/local/washington/get-help

Disaster-related assistance (includes house fires, floods), health & safety training, disaster preparation services

Housing Authorities

Section 8, Subsidized housing programs for low-income families

Anacortes Housing Authority

(360) 293-7831

www.anacorteshousing.com

719 Q Ave, Anacortes

M-Th: 8am-3pm

Housing Authority of Skagit County

(360) 428-1959

www.skagitcountyha.org

1650 Port Dr, Burlington

M-F: 9am-4pm

Sedro-Woolley Housing Authority

☎ 1(800) 417-9875



www.sedrowoolleyha.org



830 Township St, Sedro-Woolley



T-Th: 9am-4pm

Programs for People Experiencing Homelessness

Barrier Breakers

☎ (360) 391-5501



www.bfbARRIERBREAKERFOUNDATION.org

Outreach services 7 days per week, support for post-incarceration re-entry housing, employment, etc. Call for more info

Northwest Youth Services

☎ (360) 336-1988



www.nwys.org



427 N 4th St, Mount Vernon



M-W: 9am-4pm

Drop-in center with basic needs supplies, connection to services, and housing support for homeless youth

Street Outreach Services

☎ (360) 416-7585



www.communityactionskagit.org/outreach



330 Pacific Pl, Mount Vernon



In person @ Community Action: M, W, F: 12-3:30pm

Coordinated intake and screening for referrals to shelters and other basic needs items

Shelters

Family Promise of Skagit County

☎ (360) 854-0743



www.familypromiseskagit.org

Overnight shelter for families with children that rotates among churches in the county

Friendship House (Clothing Bank, Showers) ☎ (360) 336-6138

Clothing Closet & Women & Children Shelter:

📍 922 S 3rd St, Mount Vernon

🕒 Showers (women & children): Tues, Thurs, Sun 9:45-11am

🕒 Clothing closet: Tues, Thurs 10am-3pm

Emergency shelter for single women and women with children under 12 years of age. Fill out the form on the website or call to apply for the program

Laundry Facility & Men's Shelter:

📍 1008 S 3rd St, Mount Vernon

🕒 Showers (men): Tues, Thurs, Sun 9:45-11am

🕒 Laundry: Tues, Weds, Thurs 1-3pm

Provides shelter for homeless men. Fill out the form on the website or call to apply for the program

Oasis Teen Shelter

☎ (360) 419-9058

🌐 www.nwys.org

Text Hotline:

📍 125 N 5th St, Mount Vernon

☎ (360) 230-0587

🕒 Daily 3pm-8am

Shelter for teens age 13-17. Low barrier, first come first serve. Access to meals, showers, laundry, clothes, and case management for finding permanent housing

Skagit Domestic Violence Shelter

☎ (888) 336-9591

Confidential shelter program for victims of intimate partner violence

24hr hotline

Skagit First Step Shelter

☎ (360) 755-9525

🌐 www.burlingtonwa.gov/821/Skagit-First-Step

📍 465 Pease Rd, Burlington

🕒 24/7

Low-barrier shelter offering temporary emergency services

William J. Shuler Family Development Center

☎ (360) 862-4357

🌐 www.communityactionskagit.org/family-development-center

Provides shelter and case management for homeless families with children



Catholic Immigration Legal Services (360) 416-7095

 www.ccsww.org/services/catholic-immigration-legal-services

 300 S 1st St, Suite C, Mount Vernon


Renewal of green cards, adjustment of status, family-based immigration, citizenship, and DACA (Deferred Action for Childhood Arrivals). Call for an appointment

English as a Second Language (ESL)

Instruction for non-native speakers of English. Classes emphasize beginning to advanced listening, speaking, reading, and writing. See Education & Literacy Chapter on page X for programs

NW Immigration Rights Project 1(800) 445-5771

 www.nwirp.org

 M-F: 9:30am-12pm & 1-4:30pm

Provides direct legal services for low-income immigrants

Tierra Nueva Family Support Center (360) 755-0768

 www.tierra-nueva.org/family-support-center

 701 E Fairhaven Ave, Burlington

 ??


Emergency clothing and blankets, legal assistance, help with job and housing applications. Services provided in Mixtec, Spanish, and English



Information & Referral




Skagit County Parent to Parent Program

 (360) 416-7570


English: ext 2999

Spanish: ext 3999

 www.p2pskagit.org

Support group, resources, seminars, and events for parents/caregivers of children with special needs

Northsound 211

 Dial 211 or (360) 419-0910

Volunteers of America - Western Washington

 www.voaww.org/211

Statewide information and referral by phone and online database

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ACLU - American Civil Liberties Union (know your rights)

(206) 624-2184

www.aclu-wa.org/know-your-rights

Free guides and resources about legal rights

CLEAR Legal Services

www.nwjustice.org/clear-hotline

Low-income:

1(888) 201-1014

Seniors (over age 60):

1(888) 387-7111

M-F: 9:15am-12:15pm

Free legal assistance with civil legal problems

NW Immigration Rights Project

1(800) 445-5771

www.nwirp.org

M-F: 9:30am-12pm & 1-4:30pm

Provides direct legal services for low-income immigrants

Volunteers of America Dispute Resolution Center

(360) 416-7095

www.voaww.org/drc

117 N 1st St, Mount Vernon

Home foreclosure mediation, group facilitation, arbitration, conflict resolution training. Mediation for landlords and tenants

WA Law Help Online

www.washingtonlawhelp.org

Web-based resource to help you find solutions to legal and civil problems

Washington State Human Rights Commission

1(800) 233-3247

www.hum.wa.gov

Investigates claims of discrimination and human rights violations. File a complaint online



Libraries



Public libraries offer a variety of services, including access to newspapers, magazines, books, CDs, movies, internet, free workshops, children's learning activities and more

Anacortes Public Library

(360) 293-1910

www.cityofanacortes.org/220/Library

(360) 205-9088

1220 10th St, Anacortes

M-F: 10am-6pm, Sat: 10am-4pm

Burlington Public Library

(360) 755-0760

www.burlingtonwa.gov/934/Library

820 E Washington Ave, Burlington

T-Th: 10am-8pm, M, F, & Sat: 10am-5pm

Central Skagit Library

(360) 755-3985

www.centralskagitlibrary.org

110 W State St, Sedro-Woolley

M-Sat: 10am-6pm

La Conner Swinomish Library

(360) 466-7301

www.laconnerswinomishlibrary.org

17395 Reservation Rd, La Conner

M-W: 8am-6pm, Thurs: 8am-5:30pm

Mount Vernon Library

(360) 336-6209

www.mountvernonwa.gov/175/Library

208 W Kincaid St, Mount Vernon

M-F: 10am-6pm, Sat: 10am-4pm

Upper Skagit Library

(360) 853-7716

www.upperskagitlibrary.org

45952 Main St, Concrete


T-Th: 10am-7pm, F-Sat: 10am-5pm




Crisis Support

988 Suicide & Crisis Lifeline

 988

 www.988lifeline.org
24/7 support. Call or text

Skagit Regional Crisis Line

 1(800) 584-3578

24/7. Available regardless of insurance or income level


Other Mental Health Resources

Consejo Counseling

 (360) 763-5595


 www.consejocounseling.com

 1601 E College Way, Mount Vernon

 M-F: 8am-5pm

Mental health outpatient services, substance use disorder outpatient services, children, youth, and family services

Catholic Community Services NW


 (360) 856-3054

 www.ccsww.org/our-services/mental-health-services


 614 Peterson Rd, Burlington

Mental health counseling for children and youth

Compass Health

 (360) 419-7575


 www.compasshealth.org

 1100 S 2nd St, Mount Vernon


 M-F: 8:30am-5pm


Mental health counseling and psychiatric services for adults and children

Sea Mar Behavioral Health Clinic

 (360) 542-8920

 www.seamar.org/skagit-bh-mountverson-family

 2203 Old Highway 99 S Rd, Mount Vernon

 M-F: 8am-5pm

Assessments, medication assessments, family/group therapy




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Emergency Drop-In Shelters


in order of distance from Mount Vernon

Lighthouse Mission Base Camp

 (360) 733-5120


 www.thelighthousemission.org

 1312 F St, Bellingham

 24/7


Low barrier shelter for men & women, pets welcome

Everett Gospel Mission


 (425) 740-2500

 www.egmission.org

Men's Shelter:

 (425) 740-2550


 3711 Smith Ave, Everett

 Phone lines open M-F: 8am-4pm to schedule intake

Family Shelter

 (425) 740-2501

 922 S 3rd St, Mount Vernon

 Phone lines open T-Th: 9am-3pm to schedule intake

For men and women with children and single women. Calls are only returned if space is available



Native American Resources



Samish Indian Nation

www.samishtribe.nsn.us



Samish Early Learning Center & Longhouse

(360) 588-8806

1618 D Ave, Anacortes

Head start, Early Learning Center, and an Elders Program

Samish Indian Nation Health and Human Services

(360) 899-5282

715 Seafarer's Way, Suite 103, Anacortes

Housing, social services, food and energy assistance. Some assistance is specifically for Samish members; other programs are for all Native Americans

Samish Elders Lunch

715 Seafarer's Way, Anacortes

M, T, Th: 11:30am-1pm



Sauc-Suiattle Tribe of Indians

www.sauc-suiattle.com



Mobile Market Foodbank

www.arlingtonfoodbank.org/the-mobile-market

5318 Chief Brown Ln, Darrington

3rd Thursday of the Month: 2-2:30pm



Upper Skagit Tribe

www.upperskagittribe-nsn.gov



Education & Child Development Center

Main Line: (360) 854-7070

Child Development Center:

25782 Coyote Dr, Sedro-Woolley

(360) 854-7070

M-F: 8am-4:30pm

Employment Services/Tribal TANF (360) 854-7000

 25944 Community Plaza Way, Sedro-Woolley

 M-F: 8am-4:30pm

Array of service to assist people in overcoming many of the barriers that prevent successful self-sufficiency

Upper Skagit Health Resources (360) 854-7070

 25959 Community Plaza Way, Sedro-Woolley

 M-F: 8am-4:30pm

Health and behavioral health services for Upper Skagit Tribal Members, community members, and members of other Federally Recognized Indian Tribes within the Tribe's service area

Upper Skagit Elders Lunch (360) 854-7000

 25944 Community Plaza Way, Sedro-Woolley

 M, W, F

Take out meals prepared for Elders that are homebound and their spouses or caregivers



Swinomish Indian Tribal Community



www.swinomish-nsn.gov

A variety of culturally relevant programs that serve Swinomish and other Native Americans

Didg^wálic Wellness Center (360) 588-2800


 www.swinomishwellnesscenter.com

 8212 S March Point Rd, Anacortes

Outpatient treatment services, counseling, suboxone, vivitrol, methadone therapies; childcare onsite


Swinomish Wellness Program (360) 466-1024

 17337 Reservation Rd, La Conner

 M-F: 8am-4pm

Assessments, group and individual sessions, Medication Assisted Treatment, help with problem gambling

Domestic Violence Services

 (425) 542-7626

Domestic Violence Shelter.....  (360) 708-4432


Emergency Financial Assistance.....  (360) 466-3167

Emergency financial assistance (housing, hotel, food, or bills) to escape abuse


Victim Counseling Services.....  (360) 466-7375

Call to leave a private and confidential message and a counselor will contact you asap during M-Th 8am-6pm


Swinomish Clinics


 (425) 740-2500

Dental Clinic

 (360) 466-3900

 17395 Reservation Rd, La Conner

 M-W: 8am-6pm, Th: 8am-5:30pm

 (360) 230-0587

Medical Clinic

 (360) 466-3167

 17400 Reservation Rd, La Conner

 M-Th: 8am-6pm, F: 8am-5:30pm

Clinics serve all enrolled Native Americans from federally recognized tribes. Non-emergency transportation provided on a limited basis to registered patients by appointment only

Swinomish Counseling Services


 (360) 466-7375

 17400 Reservation Rd, La Conner


 M-Th: 9am-5pm

Call to leave a private message and a counselor will contact you or come to drop-in appointments on Mon or Wed. Call (360) 466-3167 to schedule or just come in

Swinomish Elders Lunch & Meals on Wheels

 (360) 661-2384

 17395 Reservation Rd, La Conner

 Daily: 11-12:30pm

Home delivery available to those who are homebound



Senior Resources



Adult Protective Services


☎ 1(877) 734-6277

 www.dshs.wa.gov/altsa/adult-protective-services

To report abuse, abandonment, neglect, self-neglect and financial exploitation of vulnerable adults living in the community and in facilities

CCS Home Care Administration

☎ 1(877) 870-1582


 www.ccsww.org/services/home-care

Homecare workers for seniors/disabled; can provide help with household tasks and shopping

Department of Social & Health Services (DSHS)

☎ 1(877) 501-2233

 www.washingtonconnection.org

 900 E College Way #100, Mount Vernon

Cash assistance, Medicare Savings Program, and long-term care

Grandparents Raising Grandchildren Online Support Group

 www.facebook.com/helpforgmaandgpa

Meals on Wheels & Senior Lunch

☎ (360) 416-1500

Home-delivered meals for seniors (60+)

Northwest Regional Council

☎ (360) 428-1309


 www.nwrcwa.org


 301 Valley Mall Way, Mount Vernon

 M-F: 8:30am-4:30pm

Information and referral for seniors, Medicaid Transportation, COPES in-home care services for seniors, referrals for skilled nursing facilities

Skagit Adult Day Program - Bradford House


 (360) 848-9281


 www.skagitadultdayprogram.org

 116 N Skagit St, Burlington

For senior adults who need support and assistance during the day and are still living in a home environment


Skagit SHIBA (State Health Insurance Benefits Advisors)

 (425) 290-1276


 M-F: 8am-4pm


Assistance with Medicare enrollment and supplemental insurance plans

Social Security Administration

 1(800) 772-1213


 www.ssa.gov

 710 E College Way, Suite A, Mount Vernon

 M-F: 8am-4pm

Apply for Social Security benefits and/or Medicare benefits.

Senior & Disabled Volunter Services Program (Community Action)

 (360) 848-9281

 www.communityactionskagit.org/senior-disabled-services


 160 Cascade Pl, Burlington


Volunteer assistance to help low income seniors and disabled adults stay in their homes by providing direct services like transportation to medical appointments, errands, yard care and more


Senior Centers

*Activities & meals for seniors. Contact each center for details and calendar.
www.skagitcounty.net/Departments/HumanServices/SeniorCenters*


Anacortes Senior Center

 (360) 293-7473


 1701 22nd St, Anacortes

 M-F: 8am-4pm

Burlington Senior Center

 (360) 755-0121

 1011 Greenleaf Ave, Burlington

 M-F: 8am-4pm

Concrete Community Center

📍 45821 Railroad Ave, Concrete

🕒 M-F: 9am-3pm

☎ (360) 416-1733

Mount Vernon Senior Center

📍 1401 Cleveland Ave, Mount Vernon

🕒 M-F: 8am-4pm

☎ (360) 416-1585

Sedro-Woolley Senior Center

📍 715 Pacific St, Sedro-Woolley

🕒 M-F: 8am-4pm

☎ (360) 855-1531

Swinomish Senior Center

📍 17395 Reservation Rd, La Conner

☎ (360) 499-4056

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Transportation



Military or veterans specific program



Wheelchair accessible transportation

Public Transit

Skagit Transit

(360) 757-4433

www.skagittransit.org

Skagit's public bus transportation system. \$1 per trip (one-way), \$2 one-way for 80X & 90X. Plan your trip using the trip planner feature - www.skagittransit.org/trip-planner

Skagit Transit

(360) 757-4433



Youth 18 and under ride free!



50% off of fixed-route fare for seniors, Medicare card holders, Veterans and people with disabilities. Application required

Skagit Transit Travel Training

(360) 757-4433

Free program, designed to help people learn how to use the bus system

Ext:1407

Paratransit (Operated by Skagit Transit)

(360) 757-9191

www.skagittransit.org



For individuals with disabilities that prevent them from using regular transit. Call to schedule. \$2 per trip (one-way)

Community Transit Zip Shuttle

(360) 757-9191

(Darrington Area Only)

www.communitytransit.org/services/zip-shuttle/Darrington



On-demand shared ride service in Darrington. \$2.50 per ride, \$1 for reduced fare, free for 18 and under

Sauk-Suiattle DC (Darrington-Concrete) Direct Shuttle Bus

(360) 436-2214

www.sauk-suiattle.com/transit



Free fixed-route service operating M-F. See full schedule online. Vans are ADA accessible

Apps for Navigating Public Transit

Transit App


Free app for planning public transit, walking, and biking trips

UMO App

Used to pay for Skagit Transit fares digitally. Fare capping ensures you never pay more than a day or month pass.

Volunteer Medical & Non-Medical Transportation Services

Barrier Breakers

 (360) 391-5501

 www.bbfbarrierbreakerfoundation.com


Services for homeless or recently homeless people. Free 1-day bus passes and rides to and from health & mental health appointments and addiction treatment.

Community Action of Skagit County

 www.communityactionskagit.org


Assistance with transportation when other resources have been exhausted. See contact info for each location on the back of this guide

Senior & Disabled Volunteer Services

 (360) 588-5745

Provides low-income seniors (60+) and disabled adults with volunteer transportation to medical appointments and other essential services


Skagit Vets Connect

 (360) 588-5156

 160 Cascade Pl, Burlington

Help for veterans with basic needs, including transportation. (Also listed under veterans resources)

Disabled American Veterans (DAV)

 (260) 277-3884


Vans

 307 S 13th, Suite 200, Mount Vernon



Transportation for eligible clients from Skagit Station to VA medical center in Seattle

Medicaid Transportation Service

 1(800) 860-6812

Transportation to medical appointments for those with no alternatives. Riders must be on Apple Health or Medicaid

Non-Emergency Medical Transport (NEMT) ☎ (360) 738-4554

 www.nwrcwa.org/non-emergency-medical-transportation



Healthcare transportation, bus pass assistance, gas vouchers, and door-to-door rides for Medicaid recipients

Road to Recovery ☎ 1(800) 227-2345



American Cancer Society's free volunteer-based transportation to cancer treatment

Private Medical Transportation Services

Care-E-Me ☎ (360) 755-3239

 www.careeme.org



Non-emergency medical transport services. Priced \$50+ per trip depending on distance and needs. \$\$\$

Care Route ☎ (425) 250-9898

 www.careroute.net



Non-emergency medical transportation (NEMT) with wheelchair and broda chair/stretchers accessible options

Cascade Specialized Transport ☎ (360) 380-3144

 www.cascadeambulance.com




Wheelchair accessible transportation to medical appointments. \$\$\$

Heartsong Homecare Cooperative ☎ (360) 474-2560

 www.heartsong.coop

In home care provider service also offering some transportation services. Transportation without additional care starts at \$80/hour plus mileage. \$\$\$

Medstar Transportation ☎ 1(877) 916-3729


 www.gomedstar.com



Non-emergency medical transportation (NEMT) providing ambulatory and wheelchair-accessible rides for medical appointments, hospital discharges, treatments, dialysis, and healthcare visits. Mention this guide for a discount. \$\$\$

Other Paid Transportation Services

Mert's Taxi


 (360) 708-6358

(Anacortes Area Only)

 www.mertsanacortestaxi.com

Taxi Service for rides starting or ending in Anacortes. Also offers deliveries and transport to the hospital or pharmacy

Cascade Specialized Transport

 (360) 380-3144

 www.cascadeambulance.com

Wheelchair accessible transportation to medical appointments. \$\$\$

App-Based On-Demand Rides


Service may be limited in rural areas

Lyft.....  www.lyft.com

Uber.....  www.uber.com  1(833) 873-8237

Long-Distance Transportation

Amtrak

 1(800) 872-7245


 www.amtrak.com

 105 E Kincaid, Mount Vernon



Youth 18 and under ride free on Amtrak Cascades trains and buses in WA. Discounts for seniors, students, people with disabilities, military, and veterans

Bellair


 (866) 235-5247

 www.airporter.com



Youth 18 and under ride free on Amtrak Cascades trains and buses in WA. Discounts for seniors, students, people with disabilities, military, and veterans

Greyhound

 1(800) 231-2222

 www.greyhound.com

 105 E Kincaid, Mount Vernon



Bus service with routes across the US. Discounts for military and veterans




Utilities Assistance



Assurance Wireless

☎ 1(800) 898-4888

 www.assurancewireless.com


Free mobile phone and 250 free minutes for people on public assistance

Energy and Utility Assistance Program (Community Action)

☎ (360) 428-1011

 www.communityactionskagit.org/energy-assistance

 300 Pacific Pl, Mount Vernon

 M-F: 8:30-11:45am & 1-5pm


Cash assistance, Medicare Savings Program, and long-term care

Home Weatherization (Housing Authority of Skagit County)

☎ (360) 428-1959

 www.skagitcountyha.org

 1650 Port Dr, Burlington

 M-F: 9am-4pm

Free energy audit consultation, insulation and home weatherization programs for low-income customers who own their homes

Lifeline (Frontier Communications)

☎ 1(800) 234-9473

 www.safelink.com

Provides discounted landline phone service for low-income households

Safelink (Lifeline)

☎ 1(800) 723-3546


 www.safelink.com

Free mobile phone with 1000 free minutes + unlimited texts

WA Utilities and Transportation Comission

☎ 1(888) 333-9882

 www.utc.wa.gov

 M-F: 9am-12pm & 1:30-4pm (closed Tues & Thurs)

Assists with billing disputes, service complaints, disconnections, deposits for landline phone services




Veterans



Crisis Support


988 Suicide & Crisis Lifeline

 www.988lifeline.org
24/7 support. Call or text

 988


 Veterans Specific: 838255

Skagit County Veterans Homeless Care Line:

 (360) 588-5156

Skagit Regional Crisis Line

24/7. Available regardless of insurance or income level

 1(800) 584-3578


Other Veterans Resources

Dept of Veterans Affairs Info Line

 www.va.gov


 24/7, benefits hotline: M-F 8am-9pm ET

Access line for VA benefits regional offices, disability compensation, disability pension education, medical care, etc

 (360) 763-5595

Disabled American Veterans (DAV) Vans

Transportation for eligible clients from Skagit Station to VA Medical Center in Seattle


 (206) 277-3884

East County Veterans Service Officer


 160 Cascade Pl, Burlington

 1st Friday of every month


Volunteer assistance to help low income seniors and disabled adults stay in their homes by providing direct services like transportation to medical appointments, errands, yard care and more

 (360) 848-9281

**Sedro-Woolley American Legion,
Post 43**


 (360) 855-0520

 701 Murdock St, Sedro-Woolley

 M-F: 9am-3pm


Please call the Service Office at (360) 855-2225 for an appointment or more information

Skagit Vets Connect

 (360) 588-5156

 www.communityactionskagit.org/skagit-vets-connect

 160 Cascade Place, Burlington

 M-F: 9am-3pm

Help for Veterans with basic needs, transportation, housing support, family supportive services, and applications for benefits

**VA Community-Based Outpatient
Clinic**


 (360) 848-8500

 307 S 13th St, Suite 200, Mount Vernon

 M-F: 8am-4:30pm

Must call Puget Sound Call Center (below) to request an appointment. Offers primary care, vision, mental health, social services, lab work, and prescriptions

VA Puget Sound Call Center

 1(800) 329-8387
Ext: 71234

 M-F: 8am-4pm

Regional health care services. Emergency, urgent care, primary care, cancer treatment and more. Also, see Community Based Outpatient Clinic (above)


Veterans Assistance Specialist

 (360) 588-5156

Set up a phone or virtual meeting online, call, email, or attend a drop-in session at one of the following locations:

 [www.skagitcounty.net/Departments/Human Services/vets](http://www.skagitcounty.net/Departments/Human%20Services/vets)

Community Action

 M: 1-3pm, T: 9-11am

Emergency Financial Assistance.....  (360) 466-3167

Emergency financial assistance (housing, hotel, food, or bills) to escape abuse

Victim Counseling Services.....  (360) 466-7375


Call to leave a private and confidential message and a counselor will contact you asap during M-Th 8am-6pm

Draft

Mount Vernon Senior Center


 1401 Cleveland Ave, Mount Vernon


 M-F: 8am-4pm


 (360) 416-1585


Sedro-Woolley Senior Center


 715 Pacific St, Sedro-Woolley


 M-F: 8am-4pm

 (360) 855-1531

 (360) 466-7375


 1(877) 501-2233


 1(877) 501-2233


 (360) 848-9281

 www.wvs.org

 503 E Fairhaven Ave, Burlington

 M-F: 7:30am-4pm

 (360) 230-0587

 (360) 230-0587



Veterans

Dept of Veterans Affairs

(360) 391-5501

Access line for VA Benefits Regional Offices, Disability Compensation, Disability Pension Education, Medical Case and more

Disabled American Veterans (DAV) Vans

(260) 277-3884

307 S 13th, Suite 200, Mount Vernon
Transportation for eligible clients from Skagit Station to VA medical center in Seattle

Skagit Vets Connect

(360) 588-5156

160 Cascade Pl, Burlington

Mon-Fri, 9am-3pm

Help for veterans with basic needs, including transportation. (Also listed under veterans resources)

VA Community-Based Outpatient Clinic (360) 848-8500

307 S 13th, Suite 200, Mount Vernon

Must call Puget Sound Call Center (below) to request an appointment

Primary care, vision, mental health, social services, lab work, prescriptions

VA Puget Sound Call Center

1(800) 329-8387

Mon-Fri, 8am-4pm

Ext. 71234

Regional health care services. Emergency, urgent care, primary care, cancer treatment and more. See also Community-Based Outpatient Clinic (above)

Veterans Crisis Line (24 hours) 1(800) 373-8255

Connect Veterans and families in crisis with qualified responders through a confidential toll-free hotline



**Need help navigating resources?
Contact a friendly Resource Center**

Mount Vernon Resource Center

330 Pacific Place, Mount Vernon, WA 98273

Phone: (360) 416-7585

Email: ResourceCenter@CommunityActionSkagit.org

Anacortes Resource Center

819 Commercial Ave Ste C, Anacortes, WA 98221

Phone: (360) 770-4049

Email: Anacortes@CommunityActionSkagit.org

East County Resource Center

45770 Main Street, Concrete, WA 98237

Phone: (360) 416-1733

Email: ECRC@CommunityActionSkagit.org

Updates and Sponsorship

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